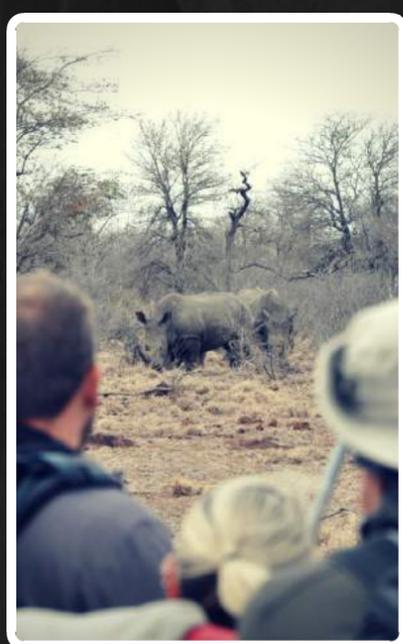


MENTORSHIP TRAIL

Our Trails Guide Mentorship Trails are dedicated to aspiring trails guides who wish to log walking hours and dangerous game encounters, towards their FGASA qualification, under experienced mentors. Additionally, candidates will be exposed to the skills, holistic trails guiding approach and ethos required to conduct multi-day primitive trails.

ABOUT THE TRAIL



These **4-day** trails take place in Greater Kruger National Park - **Timbavati PNR**. It is a productive 'Big Five' area which deliver **great encounters**. Apprentice Trails Guide candidates will be eligible to log **24 hrs** on completion, while Lead Trails Guide candidates can log up to **15 hrs**. Space limited per trail to maximise mentorship opportunities. Nights are spent in the open (**no tents**) with participants sharing responsibility of '**watch duty**'.

WHAT TO BRING



Everything required for the duration of the trail must be carried in a **backpack**. Participants will have to cater for **3 breakfasts, 3 lunches and 3 dinners** as well as the odd snack. In order to minimize our impact, all cooking must be done on a **gas stove**.

***2020 Departures:** 23 Jan, 20 Feb, 01 May, 22 May, 09 Jul, 13 Aug.

RESERVATIONS



Candidates without a current **ARH** will not be eligible to walk as Back-Up, but can log hours and encounters as participant. Trails cost **ZAR 4500** per person excl. Timbavati conservation levy of **ZAR 390** per trail. We conduct all of our Trails Guide **assessments** while out on Mentorship Trail at an extra **ZAR 500**.

Contact admin@lowveldtrails.co.za

Equipment checklist: Walking shoes (gaiters useful), sandals, neutral coloured clothing, hat, sunscreen, binoculars, backpack, sleeping bag, mattress - roll mat, gas stove, lighter, small pot & mug, spoon, water bottles - capacity for 2 litres, torch, toilet paper (in ziploc), toiletries, small quick-dry towel, larger ziploc for rubbish, notebook and FGASA logbook. Consider poncho (summer) & warm clothing (winter).

Meal suggestions: **Breakfast** - Instant Oats, ProNutro, FutureLife, cereal bars. **Lunch** - ProVita, SaltiCrax, cheese, nuts, tuna, biltong, salami, trail mix. **Dinner** - Cous-cous, pasta, dehydrated mince, tuna. **Drinks** - Coffee, tea, juice mix. *Most take too much food. The idea is to simplify for a few days.*

Meet at **The Bush Pub & Inn** (near Timbavati Gate) by 11:00 am on day of departure. Trail concludes here by 12:00 on day 4.