

# What to Expect

This Trail takes place in the remote !Khamab Kalahari Reserve in North-West Province, South Africa. Sharing it's northern boundary with Botswana, this protected area covers approximately 95 000 ha.

Led by professional Wilderness Trails Guides, with thousands of Trail hours experience each, you will spend a minimum of three selfsufficient nights (four days) in the

Carrying all your equipment on your back, you will enter a world only accessible to a privileged few.

explore according to their interests and capabilities. There are no demarcated campsites

Groups set their own pace and

or routes. Each night is spent under the stars (no tents) at a pristine location with participants sharing the responsibility of 'watch duty'.





#### The Kalahari is an environment of extremes, with extremely high summer day-time temperatures,

and extremely low winter night-time temperatures. We therefore operate a short 'Primitive Trail' season during the most suitable window period of April and May, when temperatures are at their mildest.

What to Pack

Everything required for the duration of the Trail must be carried in a backpack.

Participants must be completely self-sufficient and must cater for all their Trail meals, including 3 breakfasts, 3 lunches and 3 dinners (for a 3-night Primitive Trail), as well as the odd snack. In order to minimize our impact, all cooking must be done on a gas stove. Below is a complete 'Primitive Trail Checklist' to assist participants when packing.

# Trail Equipment

- Backpack (between 40l and 60l)
- Sleeping bag (winter weight) • Mattress (simple roll mat for insulation or a
- blow-up mattress)
- Ground sheet/Tarpaulin (a must!) • Small/blow-up pillow (optional)
- Sleeping Bag Liner (recommended for warmth)
- Trail fold-up chair (optional you may thank us
- though) Mini gas cooker and lighter
- · Small pot, Plate/bowl and mug • Sharp knife and spoon - you can use pocket

• Binoculars (optional)

- knife/ Leatherman. • Water bottles - should have capacity of 2.5 - 3L. Head torch
- to put your sleeping bag during the night to protect you from rain or dew. Leave a small space for this in your backpack, or you can strap it to the outside.

We provide you with a Bivvy Bag in which

# Trail Kit

- Walking Shoes (already worn in) avoid shoes with mesh air vents, due to fine sand.
  - Gaiters
- Neutral Coloured Clothing Hat
- Sunglasses • Flip-flops
- Sarong can be used as blanket, sun protection and towel
- Waterproof poncho (just in case!) • Nights will be quite cold so be prepared with a jacket, scarf, gloves, beanie and layers.

### Personal Essentials Sunscreen

- Tooth brush and toothpaste Toilet paper • Small towel, face cloth and soap
- Backpack raincoat/cover to protect backpack and contents from dew, and in case of rain.
- rubbish, wrappings etc.

A large ziplock bag is useful to store your

#### Keep it simple. Remember all cooking will be done on your gas cooker. Below are a few basic meal suggestions.

Trail Food & Drink

Breakfast - Oats-so-easy, Futurelife, muesli bars, apple/naartjie.

Lunch - Pro-vitas/Salticrax/Wraps, cream cheese, avo, biltong, salami, tuna sachets, dehydrated hummus. **Dinner** - Pasta, couscous, salami, biltong, instant soup, or dehydrated Trail meals - visit the 'FAQ' page at lowveldtrails.co.za for supplier links.

Snacks - protein bars, biltong, droewors, trail mix/nuts/dried fruit. Drinks - coffee, tea, juice sachets.



with access to water every morning and afternoon.

Water Provision while on Trail - due to the low annual rainfall in the Kalahari, the guides will do water-drops prior to the start of the Trail, providing guests

## This Trail is restricted to a maximum of 8 participants. In 2025 there is one Kalahari Primitive Trail departure scheduled

for individual bookings from 25-28 May 2025.

secure your spot on this Trail departure.

Kalahari Primitive Trail

Book your spot on the

3-night Kalahari Primitive Trail Rate | ZAR 9 900 / person Wilderness Levy | ZAR 550 / person / Trail

Contact reservations@lowveldtrails.co.za to check availability and

"The big skies, big moments and bedtime stories made the Kalahari Primitive Trail a week that will never be forgotten. Your guides were incredible, in

# • Transport to and from the Trail.

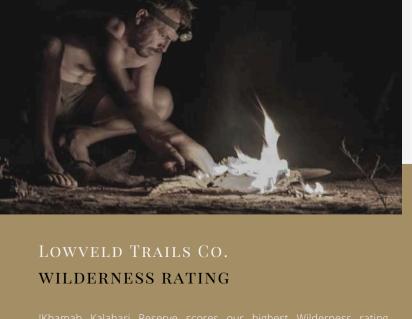
sent on booking.

**Trail Rate excludes:** 

- What you need to know:
- Meeting Point |!Khamab Kalahari Reserve • Meeting Time | 13h00pm on day one • End Time | by 11h00am on last day
- Detailed directions to the !Khamab Kalahari Reserve meeting point will be
- Vehicles can remain at the meeting point for the duration of the Trail.

nature creates perfect support for life. Their sense of humour and infectious love for what they do was a real privilege to experience." Jemma Eustace - April 2024 Trailist

gently and passionately sharing their understanding of the intricacies and wonders of the Kalahari landscape. They showed in multiple ways how



85%



Our Definition of Wilderness - 'an ecologically intact landscape with associated wild qualities that is largely

untrammeled by modern human infrastructure'.